

## **Movement for different clients and special Problems**

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**Saturday 10<sup>th</sup> of March 2018**

**10.00am – 16.00pm**

Clients have different movement backgrounds and experience. Sometimes it can be difficult to find the right way to explain movements to clients.

- Which movement is the “right one”?
- How can I help my clients to understand and to feel movement?
- Which exercises are the best ones for certain problems?
- How can I create an exercise which accurate for this special client?

This workshop is especially designed for Rolfers who have not much experience in teaching movement or have only the background of Roling Movement or Yoga.

I am teaching different methods of movement since 32 years after a 3 years fulltime training in movement. I never stopped learning and exploring movement. During my Roling practice since 27 years, I have learned that clients need different approaches to reach them. To meet them where they are is sometimes not easy but very effective and the key to make Roling successful.

**Location:** Bewegungszentrum, Marlène Sonderegger, Jungholzstrasse 28, 8050 Zürich

**Registration:** Just send me an email: [ms@roling-zuerich.ch](mailto:ms@roling-zuerich.ch)

**Maximum number of participants:** 8

**Minimum of participants:** 4

Fee: 200.—sFr.

Zürich, 17.Oktober 2017