

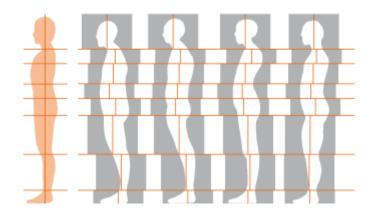
by Anna Neil-Raduner Certified advanced Rolfer

WORKSHOP INVITATION

The Subtle Body and Rolfing®

WILLIAM SMYTHE, M.A.

J U N E 18 T H R U 24 2018



"Gravity is the root of lightness; stillness, the ruler of movement." Lao Tzu

Dr. Rolf's vision was not about creating another manipulative system of healing to compete with chiropractic or osteopathic medicine – her passion was human potential. She was more aligned with the social sciences and human behavior. Our work as Rolfers contacts our client's frozen history and traumatic wounding through the myofascial network of the physical body.

In private conversations with her early students, she described her work as a kind of exorcism, the expulsion of negativity, toxicity, and evil spirits so that more light could enter the body. She was indeed a shaman, who related to the more metaphysical

aspects of the human being – etheric, astral, mental, and causal; now described as physical, emotional, mental, and spiritual.

Jung said, "The subtle body refers to that part of the unconscious that becomes more and more identical with the functioning of the human body, growing darker and darker and ending in the utter darkness of matter." Our unconscious thoughts and feelings exist in the subtle body and the less access we have to them, the more likely they will be crystallized as physical structure and symptoms.

In essence, our subtle body emanates from the inner core of our being. No wonder Dr. Rolf stated that for the Rolfer to evolve we need to receive deeper levels of work. This is not "random" work, but work that continually redefines one's form through the matrix of the ten series. The ultimate goal is to receive more gravity and experience the buoyancy of the antigravity response.

This workshop will focus on identifying and treating the needs of each student in their deepening embodiment of this work. Students should plan on being inspired and vitalized with their new inner discoveries and understanding of Rolfing, which they can bring back to their clinical practice and life.

Overview of the Workshop

- 1. Intersubjectivity and its relationship to the "other bodies."
- 2. Resolving physical and psycho-emotional symptoms through an in-depth exploration of the ten series.
- 3. Learning to work with direct and indirect touch.
- 4. How to work deeply without causing pain.
- 5. Methods for staying present with psycho-emotional issues.
- 6. An exploration of shamanism and its relationship to the subtle body.

William Smythe, M.A., is a pioneer in the fields of Somatic Psychology and Rolfing® Structural Integration. He has practiced Rolfing since 1979, served as a Faculty Member of the Rolf Institute from 1990 to 2001, and received his master's degree in Somatic Psychology in 2007. Bill is a 5th-degree black belt in aikido and sensei of the Aikido Arts Center in Santa Fe, NM



WHERE Chateau Rochefort,

At the heart of Allaman, a picturesque village in La Côte, Château Rochefort serenely watches over its estate's four hectares of vines. Located near St-Livres on the north side of the famous Lake Geneva area surrounded by beautiful vineyards.



ACCOMODATIONS

<u>Le Coq Chantant</u> <u>Rochefort</u>

Château





small double Compostella room with kitchenette 78.— per person

suite Village, apartment with kitchen, max 4 people CHF 98.— per person

Suite Château, apartment with kitchen, max 6 people CHF 98.— per person

Rate per day, breakfast and coffee breaks, VAT included.





Food and Drinks



In Restaurants within walking distance: local, varied cuisine, also vegetarian cuisine.

Big supermarket within walking distance for self-cooking. the garden of Chateau Rochefort and the yard are ready for picnics.

The lakeshore is in a 10 minutes walking distance for swimming and picnics.

LOGISTICS

SCHEDULE

The workshop begins on Monday the 18th of June at 9 AM and ends on the 24th

at 4 PM 2018

DAILY SCHEDULE

9 AM to 12 PM and 2 PM to 6 PM

COST

Workshop fees for 6 days (3 days workshop, 1 day off, 3 days workshop)NormalPrice:CHF1200EarlyBird:CHF1100(If you book before April 1st)VeryEarlyBird:CHF1050(If you book before March 1st)

PAYMENT

INFORMATION

Workshop and hotel registration should be made before the end of March. Final confirmation from us will be done when the payment is made on the following account:

> Anna Dorothea Neil-Raduner Rue St-Laurent 5 1176 St-Livres

Bank: Caisse d'Epargne d'Aubonne CP 56, 1170 Aubonne Clearing Bank: 8327 BIC RBABCH22CEA IBAN: CH65 0832 7430 1817 4750 6 REGISTRATION

Please confirm your participation to Anna Neil-Raduner (neilraduner@rolfing.ch) or per telephone (+41 79 691 55 29). Please do not forget to indicate your name, mobile phone, mailing address, and email address.

FINAL REGISTRATION WILL BE FIXED WHEN PAID.

-Cancellation fees: The following cancellation fees apply. Cancellation up to 6

weeks before start CHF 50 cancellation fee, up to 2 weeks before start 50% of the full tuition. Cancellation less than 2 weeks before start or no-show, 100% of the full tuition.

- We offer a cancellation insurance issued by our renowned partner <u>Europäische Reiseversicherung</u>. It covers your cancellation fees (except for a deductible of 20%) in case you are not able to attend the training due to significant events like illness, job loss, relocation. <u>Please refer to the information for further details :</u>

- A minimum number of participants is requested. If this minimum is not reached, classes can be canceled.

- Registration: I have read and agreed to the conditions above and hereby register for the Workshop with Bill Smythe in June 2017. In particular, I agree with the cancellation policy and have been made aware of the Europäische Reiseversicherung cancellation insurance.

CONDITIONS

Maximum number of participants: 20 persons
The language of the workshop is English, without any translations.
The workshop will give you 3 electives credits, and 3 manipulation credits.

HOW TO GET THERE

- Le Coq Chantant in St Livres (Find us)

- By car: A1/E25/E62 Aubonne exit (follow IKEA sign). Continue into the centre of Aubonne, turn right towards Lavigny /Bière and follow the Route de vignoble. After 4 km, turn left to St-Livres.
- By public transport: Swiss rail timetable information <u>www.sbb.ch</u>. Take a train to Morges or Etoy station and then continue to St-Livres by bus or by taxi.

• By plane: <u>Geneva airport</u>. 35 minutes away from the airport, by car. Or take an SBB train.

- Château Rochefort in Allaman (Find us)

- By car: A1/E25/E62 Aubonne exit (follow IKEA sign) and turn right and you will find the Château in the centre.
- By train: Take a train to Allaman. <u>www.sbb.ch</u>
- By plane: <u>Geneva airport</u>. 30 minutes away from airport, by car. Or take an SBB train.

Please choose your favorite place and room for your stay and Anna will try to find the ideal place for you to stay and will do the booking for you. For those of you who wish to stay at the Coq Chantant, it is best to have your own car to come from the Coq Chantant to the Chateau Rochefort where the workshop will be held (10 minutes away by car). If you have any questions, ask Anna!

Testimonials



"The

Workshop

was

amazing.

You provided a really supportive environment in which we all felt safe to share

our thoughts, feelings, and experiences. There was an incredible energy in the room; totally unforgettable.

Bill is truly inspiring...encouraging self-reflection and everyone's unique process of change. Without a doubt, for me (and I think for others present) it was about growth - learning how to give and receive. There were techniques presented, but this workshop was much more than just technique.

There were moments that will stay long in my memory. I came with expectations which were met and exceeded. I am still processing and reflecting upon what occurred and if the opportunity arises I will return eagerly." -Michail Fogerty

"This workshop has been a watershed for me: firstly because I was so lucky to receive a session by Bill, which indeed changed my life. In addition to that I found enrichment and nourishment in the topics addressed and in exchanging experiences, ideas, and inspirations with my colleagues there. We have been a marvelous group. Thanks also to the hearty, respectful and caring assistance and organization by Anna.

About Bill: besides his competence and expertise, humor, and deep knowledge, he was there for each and every one of us (20!!!), bestowing all his energy with sincere generosity. I am so thankful for that week in Allaman." - Marzia

"Well, what to say. 20 friends on a Soma (Trauma?) journey with a great teacher, who gives us back the body for this journey to travel through, based on profound Rolfing. With such an allowance to just be human, a fantastic sense of humor and a strong, loving, holding and protective field. We could allow ourselves to be in process, learning about clear boundaries and became one body.

"The journey which is not finished for now will go on. How wonderful." - Birgit

"All I can say at this point is that some kind of magic was created that helped each Rolfer get in touch with his/her inner strength and deep inner resources." - Cheryl

"Hello. You know that being a bodyworker means that you have to deal with what the client arouses in you and what you arouse in him/her. You need to contain all those emotions, and reactions. So, they find a safe place to be, just be. A safe place that you are providing.

To be able to contain those emotions, you first need to know within yourself what those emotions are, to know which ones you know and deal well with, and to discover those ones you don't deal with so well.

Bill's work will provide you with an opportunity to deal with those issues about yourself, that will make you provide a larger container.

I discovered that I could say NO for real, that I could really build a boundary that no one will transgress if I don't want to.

I discovered that I had a judgment about male energy being bad. It is not bad, it is good. It is potency, it just doesn't need to become power.

I experienced that a group can be a One. And for me and my client as well. That we are tuned and we influence each other. I knew that in my mind but never experienced it before.

Do you need to really acknowledge and experience some issues of yours? If you engage yourself, in that week with Bill you will." - Ismael

