

# **The Hand as a Brain**

## **Explorations in the Neuro-fascial Matrix**

**A 4-day Workshop with  
Harvey Burns**

**Advanced Rolfer and Rolfing Instructor**

**16 - 19 November 2018**

## Why inviting Harvey Burns?

“We have been training together since 1985, him being an auditor and me a practitioner. Ever since we have had a long-lasting friendship with lots of shared history in our lives. I specially appreciate Harvey's touch, his wonderful sense of humor, his curiosity and playfulness. I am very happy that he has agreed to come again and teach at my place in Switzerland.”

- *Anna Neil-Raduner*

"I am more than happy to be able to work again with my good friend and respected colleague Anna Neil, who has created a wonderful forum for the sharing of all things central to our well-being and human development.”

- *Harvey Burns*

# **The Hand As A Brain**

## **Explorations in the Neuro-Fascial Matrix**

### **Background**

Many years ago myself and Peter Schwind designed what came to be known as the “Touch Workshop”, which has since become a standard part of the rolfing training.

The original idea behind the workshop was to treat Touch as a discipline in itself, and to explore the phenomena taking place at the interface between the practitioners hands/body and the physical being of our clients.

In the years since it has become my mission to deepen my understanding of these phenomena conceptually and practically, and in as human a way as possible. Each time I have presented a workshop or taught a training this understanding has become more and more refined, both in its application and in my ability to formulate it.

My conclusion: There are no limits to how far our sense of touch can be developed; and no place where we can say we have arrived. It is a journey of learning without end.

It would be my pleasure to share with you where I find myself today in this journey!

### **Content**

This workshop will be composed of two main parts:

#### **Part 1: Back to basics**

During the first part we will practice and re-visit how to contact and be in dialogue with all structures which can be called connective tissue: Skin, fascia, septa, membranes, ligaments and periosteum.

#### **Part 2: Practical application**

During the second part we will explore these ways of working with the structures and goals of traditional rolfing.

## About Harvey Burns

Even though I have studied many somatic, psychotherapeutic, and energetic disciplines with some of the best teachers in the world my original background takes its roots in music and the arts, with an accent on the creative process itself - not just techniques. I see my body-work and teaching as a logical extension of this same process.



## About the Location

In the heart of a picturesque village in La Côte, the small village of Allaman is the home of the Château de Rochefort. It stands in its heart, and serenely watches over its estate's four hectares of vines. Located near St-Livres, on the North side of the famous Lake Geneva area surrounded by beautiful vineyards.

# Testimonials



"As a Rolfer, I love to develop my hands and my touch in the clear Rolfing context. Harvey's workshop offered a safe learning environment to pick up different approaches of touch and special perception and to adjust them to my own hands, my own body use and my own state of knowledge and understanding. Despite all my "outside of Rolfing"- training I enjoyed to be back in our brilliant, clear Rolfing world."

**Asmus Wanke.**

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"I really enjoyed the workshop with Harvey. The atmosphere he created with the group to explore and learn together was very special. I feel inspired and empowered by his work and enjoy how effortless this approach finds its place in my work."

**Katherina Sonderegger Kyck.**

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"Harvey is an excellent Rolfer and teacher. He has that rare ability to communicate the quality of touch in a way that appears effortless. On top of this Harvey's workshops are always relaxed and a lot of fun. I strongly recommend you to experience Harvey's workshops. Being exposed to his masterful and creative approach transformed my Rolfing for the better."

**Alan Richardson.**

An amazing workshop full of thought-provoking insights that have helped me approach the work in a new light."

**John Bowley.**

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"Harvey's thoughtful approach to teaching reminds us that Rolfing is never only 'one thing': it is an expansive body of work, repaying exploration and curiosity. Harvey is a sensitive, generous teacher – and willing to reflect on the evolution of his own practice across the deep experience of a lifetime."

**Naomi Wynter-Vincent.**

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"Harvey brings a wonderful lightness to the explorative play space working with planes, shapes, and spheres of the human body. He creates a safe environment for Rolfers to engage with dimensional touch, gentle presence, and curiosity. If you have a chance to learn with Harvey, take it!"

**Elizabeth Reumont.**

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"For me, it was experiencing what it means in your hands to touch somebody with the greatest respect for life itself."

**Eva-Maria Danko-Bodenstein.**

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"I felt you held the workshop beautifully as the environment was rich and relaxed. In the complexity of this work, there was a simple balance between creativity, skill, and exchange. a real sense of enjoyment opened up in the learning space. These explorations still continue as my curiosity in the rolfing touch grows."

**Andrea Buckley.**

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"Harvey's approach is imbued with clarity, integrity, respectfulness, and delight on many levels. It has enriched my work through the 3-dimensional aspects explored and has enabled me to enjoy the depth of touch that sensing volume can bring. I also appreciated the generosity of spirit that comes from someone who is genuinely curious and humble in their approach to Rolfing and who sees and encourages. the potential in others."

**Fiona Millward.**

# ACCOMMODATIONS

## Le Coq Chantant



Dormitory Room  
**100CHF**

Double Room  
**120CHF**

Single Room  
**160CHF**

Rate per person per day, breakfast and coffee  
breaks, VAT included.



## Château Rochefort

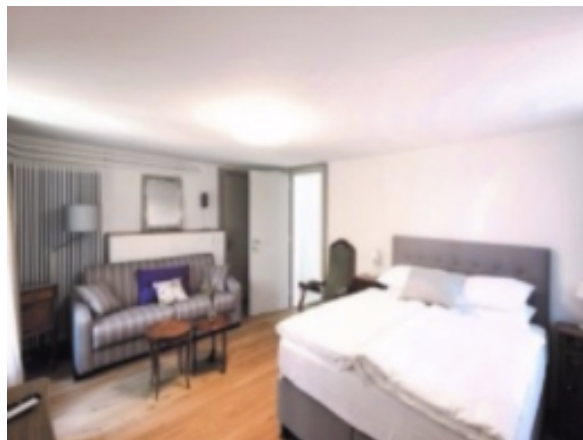


Small Double Compostella Room with  
kitchenette  
**78.— per person**

Suite Village, Apartment with kitchen,  
max 4 people  
**CHF 98.— per person**

Suite Château, apartment with kitchen,  
max 6 people  
**CHF 98.— per person**

Rate per person per day, breakfast and coffee  
breaks, VAT included.





# FOOD AND DRINKS



You have to account for an extra 30 to 45CHF for self-cooking in your apartment or local restaurant (lunch and dinner).

In Restaurants within walking distance: local, varied cuisine, also vegetarian cuisine.

Big supermarket within walking distance for self-cooking. The garden of Chateau Rochefort and the yard is open for picnics.

The lakeshore is in a 10 minutes walking distance for swimming and picnics.



# LOGISTICS

## SCHEDULE

Module 1: 16, 17, 18, 19th of November 2018

## DAILY SCHEDULE

9 am to 12 PM and 2 PM to 6 PM

## COST

The workshop costs 200 CHF per day

Workshop fees for 4 days

1 Installment: CHF 800

Early Bird (paid by October 15th): CHF 750

## PAYMENT INFORMATION

Workshop and hotel registration should be made before the 15th of October 2018.

Final confirmation from us will be done when the payment is made on the following account:

Anna Dorothea Neil-Raduner  
Rue St-Laurent 5  
1176 St-Livres

**Bank:** Caisse d'Epargne d'Aubonne CP 56, 1170 Aubonne

**Clearing Bank:** 8327 BIC RBABCH22CEA

**IBAN:** CH65 0832 7430 1817 4750 6

## REGISTRATION

Please confirm your participation to Anna Neil-Raduner (neil-raduner@rolfing.ch) or per telephone (+41 79 691 55 29). Please do not forget to indicate your name, mobile phone, mailing address, and email address.

FINAL REGISTRATION WILL BE FIXED WHEN PAID.

- *Cancellation fees: The following cancellation fees apply. Cancellation up to 6 weeks before start CHF 50 cancellation fee, up to 2 weeks before start 50% of the full tuition. Cancellation less than 2 weeks before start or no-show, 100% of the full tuition.*

- *We offer a cancellation insurance issued by our renowned partner Europäische Reiseversicherung. It covers your cancellation fees (except for a deductible of 20%) in case you are not able to attend the training due to significant events like illness, job loss, relocation. Please refer to the information for further details .*

- *A minimum number of participants is requested. If this minimum is not reached, classes can be canceled.*

- *Registration: I have read and agreed to the conditions above and hereby register for the Workshop with Harvey Burns in 2018. In particular, I agree with the cancellation policy and have been made aware of the Europäische Reiseversicherung cancellation insurance.*

## CONDITIONS

- Maximum number of participants: 20 persons
- The language of the workshop is English, without any translations.
- The workshop will give you 4 manipulation credits.

# GETTING THERE

## - Le Coq Chantant in St Livres (Find us)

- **By car:** A1/E25/E62 Aubonne exit (follow IKEA sign). Continue into the centre of Aubonne, turn right towards Lavigny /Bière and follow the Route de vignoble. After 4 km, turn left to St-Livres.
- **By public transport:** Swiss rail timetable information [www.sbb.ch](http://www.sbb.ch). Take a train to Morges or Etoy station and then continue to St-Livres by bus or by taxi.
- **By plane:** [Geneva airport](#). 35 minutes away from the airport, by car. Or take an SBB train.

## - Château Rochefort in Allaman (Find us)

- **By car:** A1/E25/E62 Aubonne exit (follow IKEA sign) and turn right and you will find the Château in the centre.
- **By train:** Take a train to Allaman. [www.sbb.ch](http://www.sbb.ch)
- **By plane:** [Geneva airport](#). 30 minutes away from airport, by car. Or take an SBB train.

Please choose your favorite place and room for your stay and Anna will try to find the ideal place for you to stay and will do the booking for you. For those of you who wish to stay at the Coq Chantant, it is best to have your own car to come from the Coq Chantant to the Chateau Rochefort where the workshop will be held (10 minutes away by car). If you have any questions, ask Anna!