

**by Anna Neil-Raduner** Certified advanced Rolfer

# Supervision Weekend For Rolfers

By Anna Neil-Raduner

This weekend will take place in a beautiful, safe, and secure environment to learn and discover more about your Rolfing® Structural Integration and your being a therapist.

As Dr. Rolf stated, "The Rolfer's ultimate laboratory is his/her own body."



From Friday November 1st to Sunday November 3rd

09h30 to 12h30 14h00 to 18h00



The price of the 3-day workshop Is 600CHF (Excluding accommodation and food), Early Bird (until end of September) 550CHF

For more informations, contact Anna Neil-Raduner
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www.lecoqseminaire.com
Rue Saint-Laurent 5 | 1176 St-Livres | Switzerland

### About the Workshop

My knowledge and experience qualifies me to guide students in the following domains of our work:

- How to start the therapeutic process with history taking.
- Seeing and understanding bodies in motion and stillness.
- Rolfing technique and connective tissue work (old -style Rolfing).
- All my knowledge about orthopedic diagnoses like herniated discs, hip and knee replacement, and other joint pathologies. (I have been working as a physical therapist for 10 years before becoming a Rolfer, specializing in orthopedic pathology and severe back problems).
- Nutrition and detoxification how to recognize unhealthy tissue and what to do about them.
  - Psychological coaching for the practitioner issues of transference and countertransference.
- How to work in an economic way as a therapist, without doing too much or too little (how to avoid burnout).
  - Learning to recognize traumatic wounding, depression, anxiety and other psychological disorders.
    - · How to structure your sessions and your days of working.

We will use our group wisdom in discovering the best way to serve our clients and ourselves so that our work stays exciting and inspiring for us.

### Your Supervisor

Anna Neil-Raduner would like to share her clinical experiences of being a therapist for over 45 years. During all these years she has treated a minimum of 20 clients a week with both their bodily and structural needs and psycho-emotional issues.

Anna has been a Rolfer for 33 years, Physiotherapist for 45 years specializing in body-mind connection and trained in "Somatic experiencing ®" by Dr. Peter Levine. She has also been a consultant in orthomolecular nutrition.

## Accomodation

### Le Coq Chantant



Dormitory Room 100CHF

Double Room 120CHF

Single Room 160CHF

Rate per day, breakfast and coffee breaks, VAT included.



### Le Château de Rochefort



Small double Compostella room with kitchenette
78.— per person

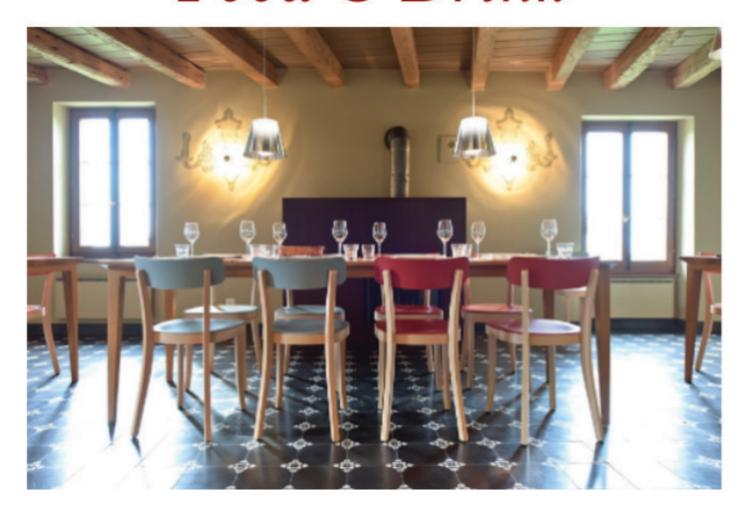
Suite Village, apartment with kitchen (max 4 people) CHF 98.— per person

Suite Château, apartment with kitchen (max 6 people) CHF 98.— per person

Rate per day, breakfast and coffee breaks, VAT included.



## Food & Drink



In Restaurants within walking distance: local, varied cuisine, also vegetarian cuisine.

Big supermarket within walking distance for self-cooking. the garden of Chateau Rochefort and the yard are ready for picnics.

The lakeshore is in a 10 minutes walking distance for swimming and picnics.

## Conditions

#### **PAYMENT INFORM ATION**

W orkshop and hotel registration should be made before the end of September. Final confirmation from us will be done when the payment is made on the following account:

### Anna Dorothea Neil-Raduner

Rue St-Laurent 5 1176St-Livres

Bank: Caisse d'Epargne d'Aubonne CP 56, 1170Aubonne Clearing Bank: 8327BIC RB AB CH 22CEA

IB AN: CH 65 0832 7430 181747506

#### REGISTRATION

Please confirm your participation to Anna Neil-Raduner (neil-raduner@ rolfing.ch) or per telephone (+41796915529). Please do not forget to indicate your name, mobile phone, mailing address, and email address.

#### FINAL REGISTRATION WILL BE FIXED WHEN PAID.

- -Cancellation fees: The following cancellation feesapply. Cancellation up to 6 weeks before start CH F 50 cancellation fee, up to 2 weeks before start 50% of the full tuition. Cancellation less than 2 weeks before start or no-show, 100% of the full tuition.
- We offer a cancellation insurance issued by our renowned partner E uropäische Reiseversicherung. It covers your cancellation fees(except for a deductible of 20%) in case you are not able to attend the training due to significant events like illness, job loss, relocation. Please refer to the information for further details:
- A minimum number of participants is requested. If this minimum is not reached, classes can be canceled.
- Registration: I have read and agreed to the conditions above and hereby register for the Supervision Workshopby Anna Neil-Raduner in November 2019. In particular, I agree with the cancellation policy and have been made aware of the Europäische Reiseversicherung cancellation insurance.

## Find Us

### Le Coq Chantant in St Livres

By car: A1/E25/E62 Aubonne exit (follow IKEA sign). Continue into the centre of Aubonne, turn right towards Lavigny /Bière and follow the Route de vignoble. After 4 km, turn left to St-Livres.

By public transport: Swiss rail timetable information www.sbb.ch. Take a train to Morges or Etoy station and then continue to St-Livres by bus or by taxi. By plane: Geneva airport. 35 minutes away from the airport, by car. Or take an SBB train.

### Château Rochefort in Allaman

By car: A1/E25/E62 Aubonne exit (follow IKEA sign) and turn right and you will find the Château in the centre.

By train: Take a train to Allaman. www.sbb.ch

By plane: Geneva airport. 30 minutes away from airport, by car. Or take an SBB train.

Please choose your favorite place and room for your stay and Anna will try to find the ideal place for you to stay and will do the booking for you. For those of you who wish to stay at the Coq Chantant, it is best to have your own car to come from the Coq Chantant to the Chateau Rochefort where the workshop will be held (10 minutes away by car). If you have any questions, ask Anna!